



December 2008

Bullseye!

Newsletter of the Utah Precision Marksmanship Society

Published as often as we can!

MAUST TAKES STATE CONVENTIONAL PISTOL TITLE

For the second year in a row Robert Maust has captured the Utah State Conventional Pistol Title. His score of 2509-61X completely obliterated the competition, outdistancing the nearest challenger by over 100 points. In addition to excelling at pistol shooting, Robert is working on becoming a Distinguished Rifle Shooter, joining the ranks of the small number of elite shooters who have achieved this honor in more than one discipline. Congratulations Robert!



MILLER: WOMEN'S STATE CHAMPION

For the first time in many years we have a Women's State Conventional Pistol Champion! Ashley Miller took the title with a score of 685-5X, competing in only the .22 event. Ashley is a junior at the University of Utah majoring in Biology and a member of this year's Collegiate Pistol Team. She shoots Conventional to get additional training for the Standard and Women's Sport Pistol events. Ashley's current goals are to win All-American honors and get an invitation to compete at the National Intercollegiate Pistol Championships at Fort Benning, GA in March 2009.



CHAPMAN EARNS EXCELLENCE-IN-COMPETITION POINTS

The latest person to collect "Leg points" on the difficult path to a Distinguished Pistol Shooter badge is David Chapman of Ogden. This competition was authorized in 1903. Since that time only 1427 civilians have achieved this distinction. In order to gain the coveted badge, one must accumulate a total of 30 "Leg points". (No one actually knows the origin of the term "Leg points" or "Leg match".) Years ago it was relatively simple to participate in this match: the government provided the ammunition and it cost \$1.00 to enter. Now the entry fee is \$10.00 and participants must supply their own guns and ammunition. To make matters even more difficult, points are awarded only if six or more individuals who have not obtained Distinguished status compete. Congratulations to Dave!



NRA INSTRUCTOR COURSE: BASIC PISTOL AND HOME FIREARMS SAFETY

Matt DeLong will teach an NRA Basic Pistol and Home Firearms Safety Instructor course in January and February. There are two objectives: to train new instructors for the University marksmanship classes and to prepare people for a coaching course to be taught by Arnie Vitarbo in early spring.

The NRA's objective is to train instructors with the knowledge, skills and attitude to correctly and effectively teach Basic Pistol and Home Firearms Safety courses. It is their expectation that these instructors will come from a cadre of experienced shooters. To insure the success of the course a pre-test is given to all applicants. **Pre-tests will be given 11 December and 15 January** at the University of Utah Naval Science Building and range. To assure quality instruction, the class size will be limited to 10 participants. The course itself will meet 22, 27 and 29 January, 2, 5, 10 and 12 February starting at 6:30 PM and lasting 2 ½ - 3 ½ hours. All materials must be ordered by mid-December. The cost will be \$200 per person, to be fully refunded when new instructors have completed teaching two of the half-semester marksmanship classes at the U.

For more information or to sign up for the class, contact Matt DeLong at 801-581-7462 (w), 801-580-7246 (c) or delong@physics.utah.edu. **Please RSVP ASAP.**

STATUS OF NEW RANGE CONSTRUCTION

We have some good news and some bad news. After many years of discussion and planning, the UPMS Board decided that any future range must be built in conjunction with the University of Utah. The University administration has recently decided that a new building to house a shooting range on campus is not a top priority for them. In part this decision is based on the fact that all sites under consideration are far from the center of campus and would inflict a hardship on students needing to train between classes. The good news is that the administration has committed to spending considerable capital on upgrading the current facility.

The first thought is to convert the two western-most classrooms on the second floor of the Naval Science Building to a permanent, dedicated airgun facility. There would be eight positions with electronic targets, the current retrieval mechanisms and the current traps, the latter for the marksmanship classes. Additional refinements would include large windows for spectator viewing, storage for our equipment, trophy cases to display the successes of the collegiate team and details that we need your assistance in adding to make the facility into a real class operation that we can be proud of and that will serve us for many years into the future.

Upgrading the powder gun facility for less than \$5M will be a challenge. The original range design called for 18 positions at 25 m and 8 positions at 50 m. Scaling this down to retain function while still staying within the University's very small budget projection will be very difficult. Your suggestions would be greatly appreciated.

AMU CLINIC IN PHOENIX

The Shootin' Utes collegiate pistol team traveled to Phoenix November 13-15. Ray Arredondo, the Army Marksmanship Unit coach, gave a clinic attended by Micah Scholes and Lindsay Daniels, which featured demonstrations by 3-time Olympian Daryl Szarenski and three teammates. Micah brought back several training documents that will be posted on the UPMS website. Lindsay's observations follow.



Millie Boyd, Ashley Miller and Lindsay Daniels

“The first question Ray asked us was: what is your purpose when you train? Every time you train you should have a specific thing in mind to work on. He also said that dry firing is only productive if you're serious about it. Dry firing is done to get feedback. To know if your grip is good dry fire a rapid fire series. If the sights move you should check your grip.

The next thing Ray talked to us about is all the distractions you have when you shoot and how to ignore them. If you've prepared yourself for the distractions you can overcome them. One thing you can do to overcome distractions is to have a "shot plan" or a pre-shot routine.

You should solidify your shot plan, so it is the same everywhere you go. This will get you into a comfort zone and allow you to focus on what is important to you.

The final thing we discussed was making training more like matches. In order to get over the match pressure you must train with pressure. Some things to consider while training: Who starts the timer? Are you always ready when the timer is started during a match? Make it the same in training. Do you shoot a sighter series when you train? Do you have prep time before you start training? Our training routine should mirror our match routine.”

ARIZONA STATE CHAMPIONSHIP MATCH

The AZ state championship was kind of a strange match. Because the AMU was there for training, they fired all events twice to give the AMU people more “trigger time”. So there are two-day scores and single scores.

Highlights:

Brad Collins won the two-day Air pistol match with a total of 1087. Daryl Szarenski of the AMU won the match with 575; Brad was fourth overall behind two 2008 Olympians and John Zurek, who finished third in one of the Olympic tryouts.

Lindsay Daniels took second in Women's Air Pistol, losing out to 2008 Olympian Brenda Shinn. The standings were the same in Women's Sport Pistol.

Daryl Szarenski won Standard Pistol with an impressive 561. Aging Salt Lake shooter Matt DeLong beat Olympian Brenda Shinn by one point. Brad Collins led the team in Standard with 509. Szarenski won Free Pistol with scores of 555 and 550, beating John Zurek by only four points out of 1200. Brad Collins led the Utes with 498.

The U team got exposure to outdoor shooting at distances close to those they will shoot at the Collegiate Nationals in March. The team Air Pistol score exceeded the 2007 requirement for an invitation to Nationals by more than 130 points. In Free they beat last year's requirement by 50 points. Standard still needs work. The Women's Air team is within striking distance of a score worthy of going to Nationals and they are literally improving daily. Soon they will start on Women's Sport Pistol. Go Utes!



Shootin' Utes: (L-R) Lindsay Daniels, Ashley Miller, Brad Collins, Coach Matt DeLong, Donnie MacKay, Micah Scholes and Luke Beckstead

Important notice for the January PTO, 9-11 January 2009. Matt DeLong will be out of town at the start of this match. Tony Thompson has volunteered to be in charge of the match. Please contact him for squadding information: tony.thompson@utah.edu or 801-712-8089. Tony will need lots of help to get the match organized. Please volunteer to help him.

Guns!

UPMS has recently purchases several Hammerli Free and Air pistols. Some of these will be available for sale or loan to UPMS members to be used in support of our activities. Details still to be decided by the Board, but stay tuned for details.

2008 State Conventional Outdoor Pistol Championship

13 September 2008

Hendriksen PMAA Range

.22 Match	Robert Maust	Bountiful	841X19
CF Match	Robert Maust	Bountiful	639X22
.45 Match	Robert Maust	Bountiful	829X20
Match Winner	Robert Maust	Bountiful	2509X61
SS/MK .22	Jake Parrish	Roosevelt	840X23
SS/MK CF	David Chapman	Ogden	793X15
SS/MK .45	David Chapman	Ogden	765X8
SS/MK Aggregate	Jake Parrish	Roosevelt	2365X39

September Rifle and Pistol PTO

26-27 September 2008

U of U Ranges

Open Air Pistol	Gold	Brad Collins	645.8
	Silver	Robert Maust	645.7
	Bronze	Ron Morales	532
60 Shot Air Rifle	Gold	Scott Engen	521
Women's Air Pistol	Gold	Lindsay Daniels	342
Centerfire Pistol	Gold	Tony Thompson	421
	Free Pistol	Gold	Brad Collins
Rapid Fire	Silver	Ron Morales	459
	Gold	Hyrum Davis	474
	Silver	Eugene Mishchenko	470
Women's Sport	Bronze	Tony Thompson	366
	Gold	Lindsay Daniels	516
	Standard Pistol	Gold	Brad Collins
	Silver	Eugene Mishchenko	506
	Bronze	Lindsay Daniels	486

November Pistol PTO

31 October – 1 November 2008

U of U Ranges

Open Air Pistol	Gold	Don McGraw	553	
	Silver	Brad Collins	548	
	Bronze	Christian Traeden	548	
	B	Rich Sheya	537	
	C	Donnie MacKay	498	
	E	Aaron Ozminski	516	
	Women's Air Pistol	Gold	Lindsay Daniels	345
	Silver	Ashley Miller	323	
Centerfire Pistol	Bronze	Jamie Sue Rankin	291	
	Gold	Robert Maust	538	
	Silver	Mark Morris	510	
Free Pistol	Gold	Brad Collins	516	
	Silver	Christian Traeden	492	
	Bronze	Don McGraw	464	
	AA	Lindsay Daniels	452	
	Rapid Fire	Gold	Eugene Mishchenko	456
	Women's Sport	Gold	Lindsay Daniels	528
Standard Pistol	Silver	Ashley Miller	477	
	Gold	Robert Maust	547	
	Silver	Brad Collins	519	
	Bronze	Courtney Healy	510	
	AA	Luke Beckstead	476	
	E	Lindsay Daniels	502	

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The Utah Precision Marksmanship Society is a non-profit, tax-exempt 501(c)(3) corporation, founded for the purpose of supporting education, training of amateur athletes, and competition in the shooting sports.

CALENDAR OF EVENTS

<u>Date(s)</u>	<u>Event</u>	<u>Location</u>
5-6 December	International Pistol and Rifle PTO	UPMS/UU
13 December	Conventional Pistol 2700	UPMS/UU
9-11 January 2009	Rifle and Pistol PTO and State Junior Olympics	UPMS/UU
17 January	Conventional Pistol 2700	UPMS/UU
24 January	Clinic	UPMS/UU
6-8 February	Conventional and International Sectional Championship	UPMS/UU
13-14 February	Collegiate Sectional	UPMS/UU
18-21 February	Desert Midwinter Classic	Phoenix
13-15 March	Utah State International Rifle and Pistol Indoor Championship	UPMS/UU
21 March	Conventional Pistol Indoor State Championship	UPMS/UU
18-21 March	Collegiate Nationals (Spring break!)	Benning GA

Contact for
PTOs and NRA matches:

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